

LOADED POTATOES

4 medium potatoes, unpeeled

1 package (8oz) mushrooms, sliced

1 small onion, diced

$\frac{3}{4}$ cup cooked ham, chopped (optional)

Sour cream and shredded cheese

Wash potatoes, pierce with fork. Put them in microwave on paper towel. Cook on high for 8-10 minutes. Or bake in oven for 1 hour at 375 degrees.

In medium frying pan cook mushrooms and onions in butter until tender. Add ham until heated through.

Split the baked potatoes lengthwise and fluff with fork. Top with the above mixture, the sour cream & cheese. Season with salt and pepper.