

Caregiver Support Groups

Caregiver support groups are a great way to share stories, get tips and strategies from other caregivers and discover that you are not alone in your caregiving journey.



Caregiver support groups in the Wolf River Region:

- “Caregivers Stronger Together” will meet at The Caring Tree Adult Day Center in Oconto Falls (512 Caldwell Ave) the 4th Thursday of the month from 10:00 am – 11:00 am. This support group is co-led by Mary Jo/ADRC and Bonnie/The Caring Tree Adult Day Center
- Shawano Area Caregiver Support Group will meet at The Shawano Library (128 South Sawyer Street) the 4th Wednesday of the month from 1:00 pm – 2:00 pm. This support group is led by Mary Jo/ADRC and Kristin Waukau/Menominee Tribal Dementia Care Specialist.

Questions? Contact:

- Mary Jo with the ADRC at 715-526-4712
- Kristin Waukau with the Menominee Tribe at 715-799-5270
- Bonnie with The Caring Tree Adult Day Center at 920-591-0796

